

# Kim Underhill

- Industrial & Organisational Psychologist
- Management Consultant
- Keynote Speaker, Trainer & Coach
- Women Icon Asia 2018
- Author, Success Inside Out
- President, Daughters of Tomorrow
- VP, Singapore Business Professional Women Association



## Corporate Experience

Armed with more than 25 years international business and management experience in the food service industry, Kim held major commercial roles managing fortune 500 accounts; and senior executive roles leading change through strategic & organisation development, increasing people effectiveness and business performance.

- Ultimate Balance Consultancy - Founder
- Electrolux Professional - Region Head, Southeast Asia & India
- Fabristeel (Manitowoc Group) - Vice President / General Manager APAC
- Grindmaster Corporation - VP Sales & Marketing, APAC
- IMI Cornelius - Business Development Director, APAC

## Keynote Speaking, Training & Coaching Experience

Kim Underhill is a keynote speaker, trainer and coach always inspiring, educating and motivating her global audience through engaging, practical, insightful, interactive, fun and content-rich programmes.

Her flagship New Age Leadership programme looks at the holistic approach of managing oneself in Self-Leadership, establishing an effective and efficient team culture in Team-Leadership, and ultimately delivering successful performance through Business-Leadership.

Kim has delivered keynotes and workshops throughout Asia Pacific in Singapore, Cambodia, India, Malaysia, Maldives, Myanmar, Philippines and Thailand on following topics:-

- New Age Leadership
  - Success Inside Out (self coaching)
  - S.Q.U.A.D. Effectiveness (team)

- V.A.M.P. UP Communication & Presentation
- F.A.S.T. Sales Management
- R2R Organisational & Strategic Development
  
- Be the Change, before change changes YOU
- Cultural Competency & Diversity
- Employee Engagement
- Effective Communication - Connection Connection Connection
- Impactful Presentation
- Leading in the Age of Disruption
- Leadership Development
- Leadership Journey as a Coach, Mentor & Sponsor
- Mentoring in Action
- Performance Development vs Performance Management
- Succeeding in Work Life Balance
- Time Management / Productivity
- Unconscious Bias @ Work

Kim is the author of “Success Inside Out, Challenge or Choice”, a 6-step self-coaching methodology and guidebook that helps individuals understand what it takes to gain ultimate work-life balance and achieve success under any circumstance and in any environment.

### **Qualification**

- Certified Practitioner
  - Neuro-Linguistic Programming (NLP)
  - Belbin Team Roles
  - Solution Focused Coaching
  - Results Coaching
  
- Master of Science in Industrial & Organisational (HR) Psychology Baruch College (NY)
- Bachelor Degree in Business Administration (Marketing) Royal Melbourne Institute of Technology (RMIT)
- Diploma in Management Studies Singapore Institute of Management (SIM)
- Certificate in Management Studies Singapore Institute of Management (SIM)